

Whatcom County Protocol Exam

After each question, please identify which reference document you found the answer (eg: State BLS Protocols or Whatcom County Addendum). Also identify the page number where the reference was found.

Name: _____ Date: _____

1. The current EMT-B dosage of Aspirin for Whatcom County is:
(Ref Doc _____ Page # _____)
 - A) One 325 mg tablet
 - B) Two extra strength capsules.
 - C) Two baby aspirin, chewable and 81 mg's each
 - D) One 81 mg tablet.
2. Which of the following drugs is NOT carried on the BLS aid unit?
(Ref Doc _____ Page # _____)
 - A) Oxygen
 - B) Epi-auto injector
 - C) Nitroglycerin
 - D) Activated charcoal
3. You respond to a movie theater for a 70-year-old male who is confused. His wife tells you he has type II diabetes but refuses to take his pills. Your assessment reveals that the patient is diaphoretic, tachycardic, and tachypneic. During your initial assessment, you should consider:
(Ref Doc _____ Page # _____)
 - A) administering 1 to 2 tubes of oral glucose.
 - B) provide supplemental oxygen or ventilatory assistance.
 - C) assisting the patient with his diabetic medication.
 - D) performing a rapid exam and obtaining vital signs.
4. When beginning a patient report, it is best to begin with:
(Ref Doc _____ Page # _____)
 - A) patient's age, sex and chief complaint
 - B) name and age
 - C) patient's age, name and sex
 - D) a complete medical history
5. With regard to the legal implications of child abuse:
(Ref Doc _____ Page # _____)
 - A) child abuse should be reported only if it can be proven.
 - B) EMT-Bs must report all suspected cases of child abuse.
 - C) you should document your perceptions on the run form.
 - D) a supervisor can forbid you from reporting possible abuse.

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6. While examining a woman in labor, you see the umbilical cord protruding from the vagina. You should:
(Ref Doc _____ Page # _____)
A) carefully push the cord back into the vagina.
B) push the infant's head away from the pulsating cord.
C) cover the umbilical cord with a dry dressing.
D) gently pull on the cord to facilitate delivery.
7. When deciding to intubate with a multi-lumen airway device, one indication for use would be a PT without an intact _____ reflex. One contraindication for use would be known or suspected _____ ingestion.(Ref Doc _____ Page # _____)
A) Hyper, drug
B) Hypo, caustic
C) Gag, caustic
D) Nasogastric, alcohol
8. When administering epinephrine via auto-injector, the administration route is:
(Ref Doc _____ Page # _____)
A) SQ (subcutaneous)
B) IM (intramuscular)
C) ID (intra-dermal)
D) IV (intravenous)
9. Activated charcoal administration is contraindicated in patients who have ingested:
(Ref Doc _____ Page # _____)
A) ibuprofen.
B) acetaminophen.
C) acids or alkalis.
D) steroid drugs.
10. As an EMT-B, you may be authorized to administer aspirin to a patient with chest pain based on:
(Ref Doc _____ Page # _____)
A) the patient's condition.
B) your State EMS protocols.
C) the national standard of care.
D) transport time to the hospital.
11. How is nitroglycerin usually given by the EMT-B?
(Ref Doc _____ Page # _____)
A) Orally
B) Inhaled
C) Injected
D) Sublingual

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12. When faced with a situation in which a patient is in cardiac arrest, and a valid living will or do not resuscitate (DNR) order cannot be located, you should:
(Ref Doc _____ Page # _____)
A) begin resuscitation at once.
B) contact medical control first.
C) determine the patient's illness.
D) notify the coroner immediately.
13. What Glasgow Coma Scale (GCS) score would you assign to an adult patient who responds to painful stimuli, uses inappropriate words, and flexes his or her arms in response to pain?
(Ref Doc _____ Page # _____)
A) 6
B) 8
C) 9
D) 10
14. What is a contraindication of using the Pelvic Sling:
(Ref Doc _____ Page # _____)
A) patients over 200 pounds
B) patients under 200 pounds.
C) patients over 80 pounds.
D) patients under 80 pounds.
15. When assisting a respiratory patient with their MDI it is important to:
(Ref Doc _____ Page # _____)
A) Use care not to shake the inhaler up, and disturb the medication.
B) Remember the dosage of 3-4 inhalations from their own inhaler initially, which can be repeated every 15 minutes.
C) Give 4 or 5 doses in a row to insure the patient gets at least some medication on board.
D) Squeeze the MDI only once the patient has fully inhaled.
16. Albuterol is a generic name for:
(Ref Doc _____ Page # _____)
A) Alupent.
B) Atrovent.
C) Proventil.
D) Singulair.

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17. According to the _____ BLS protocols, which of the following is **not** a sign of obvious death?
(Page # _____)
A) Decomposition
B) Decapitation
C) Rigor Mortis
D) Underwater submersion for more than 30 minutes
18. You're on-scene of an adult female with Anaphylaxis. On-line medical control permission **is required** before administering the initial appropriate Epi-auto injector dose from your EMS supplies?(Ref Doc _____ Page # _____)
A) True
B) False
19. If at a crime scene that involves a hanging, and the possibility of life exists, the EMT-B protocol states:
(Ref Doc _____ Page # _____)
A) It is best to cut through the knot.
B) Pull down any remaining rope so that no responders trip over it.
C) Cut the rope within 18 inches of the knot.
D) Do not cut the knot or the rope within 18 inches of the knot.
20. If allowed to administer, the usual dose for activated charcoal is up to _____ gram(s) per each _____ of body weight. (Ref Doc _____ Page # _____)
A) 2, lb.
B) 2, kg.
C) 25, lb.
D) 1, kg.
21. You respond to the residence of a 62-year-old male who is unresponsive. Your initial assessment reveals that he is pulseless and apneic. You should:
(Ref. Doc _____ Page # _____)
A) do CPR for 5 cycles or approx. 2 minutes, then attach and analyze with AED.
B) ask the family if the patient has a terminal disease.
C) start CPR and attach the AED as soon as possible.
D) notify dispatch and request a paramedic ambulance.

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22. Dosage and administration of Afrin includes all of the following except:
(Ref Doc _____ Page # _____)
- A) Apply direct pressure to the bridge of the nose.
 - B) Tilt head back and place gauze pad inside of upper lip.
 - C) Have patient clear nasal passage (blow nose).
 - D) Administer 2-3 sharp squeezes into desired nostril.
- 23.
- On-scene with a 14 year old male with a full thickness laceration to the right forearm. The laceration appears to need stitches, but the patient is refusing any treatment. Which statement is MOST correct?(Ref. Doc _____ Page # _____)
- A) He may sign a refusal form after being informed of the consequences of ignoring treatment.
 - B) A refusal is not required in this situation.
 - C) The patient may be left in the care of his 17YO friend.
 - D) The patient is a minor who cannot legally sign a refusal of care. Law enforcement or a legal guardian would need to sign or agree to take custody of the patient.
24. Which of the following statements regarding the rule of nines is MOST correct?
(Ref Doc _____ Page # _____)
- A) A child's head is equal to 14% of his or her total body surface area.
 - B) The anterior trunk of an adult is equal to 18% of the body surface area.
 - C) The posterior of a child's leg is equal to 13.5% of the body surface area.
 - D) The anterior arm in the adult is equal to 9% of the total body surface area.
25. According to the _____ BLS protocol, ASA is indicated in all of the following patients except:
(Page # _____)
- A) A 45 year old male with uncomfortable pressure and squeezing in the center of his chest.
 - B) A 50 year old female with a headache of 3 hours, unrelieved with Tylenol.
 - C) A 79 year old female with pain that spreads to her shoulders and neck.
 - D) Chest discomfort with fainting or shortness of breath in a 60 year old patient.
26. The _____ BLS protocols define errors of commission as:
(Page # _____)
- A) Anytime anyone destroys existing evidence or adds to the crime scene.
 - B) When someone fails to take efforts to protect existing evidence.
 - C) When personnel fail to notice a smell of cigar smoke.
 - D) When personnel don't listen to persons standing near the scene discussing the crime.

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27. Which of the following statements regarding anaphylaxis is MOST correct?
(Ref. Doc _____ Page # _____)
- A) Patients with asthma are at lower risk of developing anaphylaxis.
 - B) Anaphylaxis is characterized by airway swelling and hypotension.
 - C) Most anaphylactic reactions occur within 60 minutes after exposure.
 - D) The signs of anaphylaxis are caused by widespread vasoconstriction.
28. With a good mask-to-face seal and an oxygen flow rate of 15 L/min, the nonrebreathing mask is capable of delivering up to ____% oxygen.
(Ref. Doc _____ Page # _____)
- A) 70
 - B) 80
 - C) 90
 - D) 100
29. Proper technique for suctioning the oropharynx of an adult patient includes:
(Ref. Doc _____ Page # _____)
- A) continuously suctioning patients with copious oral secretions.
 - B) placing the catheter in the oropharynx only as far as the base of the tongue.
 - C) removing large, solid objects with a tonsil-tip suction catheter.
 - D) suctioning for up to 1 minute if the patient is well-oxygenated.
30. The adult epinephrine auto-injector contains ____ milligrams and the pediatric auto-injector contains ____ milligrams.
(Ref Doc _____ Page # _____)
- A) 0.1, 0.01
 - B) 0.01, 0.1
 - C) 0.03, 0.3
 - D) 0.3, 0.15